Guide for Sorting Waste in Follo

Telephone: 90 80 40 10 www.folloren.no



Food waste

- > Food leftovers
- > Eggshells, skin/rinds from fruit, nuts and shrimp
- > Peels and scraps from fruits and vegetables
- > Bones from meat, fish and chicken
- > Coffee grounds, with or without filters
- > Tea bags
- > Dirty/used paper towels and napkins



Residual waste and plastic

- > Anything made of plastic
- > Styrofoam
- > Diapers and sanitary napkins
- > Gift wrapping paper
- > Dog waste bags
- > Cat litter
- > Cold ashes and coals
- > Cigarette butts and snuff
- > Potted plants and cut flowers
- > Coffee capsules





Placed in residual waste bin

plastic

shopping

bags

- > Gravel, sand and soil
- Garden waste

NOT in food waste

- > Chewing gum
- > Cut flowers
- > Potted plants
- > Cat litter
- > Diapers and sanitary napkins
- > Food waste, still in packaging
- > Ashes, cigarette butts and snuff

NOT in residual waste

- Food waste
- > Dirtv/used paper towels and napkins
- > Glass and metal containers
- > Textiles
- > Stone, gravel and garden
- Large plastic objects
- > Hazardous waste
- > EE waste: batteries, cell phones, electronics etc.



Cardboard/paper/ carton

- > Newspapers
- Magazines
- Cardboard boxes
- > Paper bags
- > Carton boxes
- > Milk and juice containers
- > Envelopes
- > Brochures
- > Pocket books
- > Receipts and assorted small paper notes



Placed in paper bin

NOT in paper/carton

- > Bound books
- > Gift wrapping paper

Textiles

- > Clothes
- → Shoes
- > Worn out or broken textiles
- > Handbags, belts and accessories
- > Towels
- > Curtains
- > Bed linens
- > Table cloths
- > Rags and small carpets



Normal plastic shopping bags placed in textile bin

NOT in textiles

- Wet textiles
- Dirty textiles
- Large carpets



Glass and metal containers

- > Jam jars etc.
- > Glass bottles
- > Aluminum foil
- > Aluminum cans
- > Tin cans
- > Empty metal tea candles
- > Lids from jam jars etc.
- > Containers (no deposit)



Placed in glass and metal bin

NOT in glass and metal

- > Dirty glass and metal containers
- > Porcelain and ceramics
- > Crvstal
- > Refractory glass
- > Window glass
- > Mirrors



The recycling station accepts:

- > Mattresses and beds
- > Wood, plaster and construction waste
- > Porcelain, ceramics and refractory glass
- > Glass and metal containers
- > Stone, dirt and garden waste
- > Metal
- > Hazardous waste
- > EE waste (electronics)
- > Tires
- > Cardboard, paper and carton
- > Textiles and large carpets
- > Household appliances
- > Boats up to 15 feet

The recycling station does **NOT** accept:

- > Food waste
- > Fireworks and explosives
- > Medicine
- > Infectious waste
- > Asphalt
- > Caravans, boats, cars and motorcycles
- > Boats over 15 feet

